



## A Guide for Monks/ Novices & Lay-persons applying to stay & practice meditation in Pa Auk Tawya(Heho)

### Preamble

The Monastery has been established by and receives ongoing support from donors, well-wishers and numbers of the lay communities in the district, further afield in Myanmar and overseas. Its mission is to be a conducive center with the proper and conducive Buddhasāsanā Culture for meditation and the practice of True Dhamma for a manageable number of residents.

Accommodation and essential facilities are limited, hence we need to vet and approve applications wishing to come and stay as residents to meditate and practice the True Dhamma.

So, it will be necessary to first apply to come, obtain a firm approval for an initial period of residence and to gain further approval to stay on. Do not come before taking the necessary steps as outlined below.

Your understanding is acknowledged.

### Application Procedure

#### **Step A : Making Preliminary Enquiries.**

One should take any of the following actions;

1. Come to the Monastery to discuss with the Bhikkhu in-charge.
2. Phone +959764538589 (Saṃgha Office) to discuss.
3. Write an email to [hehopaauk@gmail.com](mailto:hehopaauk@gmail.com) to inquire.
4. Send a message through social applications of the Monastery including Viber, WhatsApp, WeChat, Line and Telegram.

#### **Step B : Obtaining an Application Form.**

1. This may be sent by the Saṃgha Office following Step A.
2. Alternatively, the Form can be downloaded at [www.hehopaauktawya.org](http://www.hehopaauktawya.org).

#### **Step C : Returning the Application Form.**

1. Return the Form duly completed personally, by email or any other means.

#### **Step D : Wait for the Result of Application.**

Do note that an Applicant must obtain a clear Approval from the Monastery before making arrangements to get to the Monastery. The reasons for this are;

1. The Monastery has limited facilities (eg accommodation, meditation spots in the Hall, spots in the Refectory, etc).
2. Sudden Lockdowns or Restrictions may be enforced due to emergencies.
3. The Monastery is wary of " walk-ins".
4. Applicant's Health and Personal backgrounds are normally checked and verified before being approved and accepted as long-stay residents. The intention is to protect the welfare of current residents and to maintain the proper and conducive Buddhasāsanā Culture in the Monastery.

Pa Auk Tawya(Heho) acknowledges the wishes of all those seeking to meditate and practice the True Dhamma. To them, our doors are opened.